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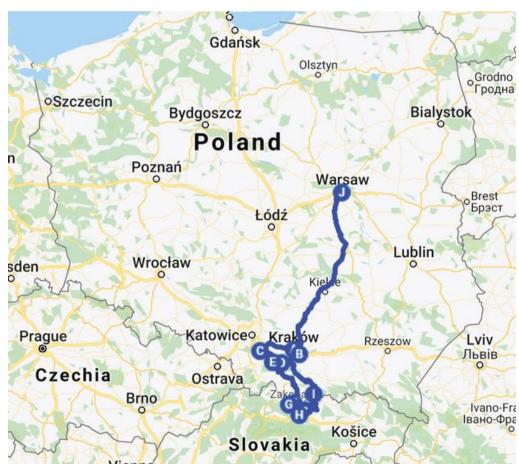
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THE POLISH MOUNTAINS AND THE SOUTH OF POLAND

Trekking in the Tatras and Pieniny

14 day trekking trip through the southern part of Poland. The programme includes the following places: Krakow, Kazimierz – the former Jewish district in Krakow, Wieliczka – the Salt Mine, Auschwitz-Birkenau, Kalwaria Zebrzydowska, Wadowice – the hometown of Pope John Paul II, Zakopane, Chocholowska Valley, Tatra Mountains, Spis, Pieniny – sailing on wooden rafts on the Dunajec River, Debno Podhalanskie, Krakow, Czestochowa, Warsaw.



1st day Arrival in Krakow

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Arrival in Krakow by plane or coach. Meeting with the tour leader from Ernesto Travel and transfer by coach to the hotel in Krakow. Check-in at the hotel. Dinner at the hotel or at the restaurant in the centre of Krakow (depending on the arrival time). [It's possible to begin the programme in Warsaw, Katowice or another city according to the flight schedule]. Overnight stay in Krakow.

2nd day Krakow – the heart of Poland, Kazimierz – the Jewish district and Wieliczka – the Salt Mine

8.00 Breakfast at the hotel.

9.00

Guided tour of Krakow. Wawel Hill with the castle (optional sightseeing inside) and its beautiful courtyard and Cathedral (sightseeing inside). Romanesque, Gothic, Renaissance and Baroque architecture of the Old Town (Stare Miasto), the biggest market square in Europe (Rynek Glowny), the Town Hall, Collegium Maius – an ancient building belonging to the Jagiellonian University, the Cloth Hall (Sukiennice), Saint Mary's Church (Kosciol Mariacki – sightseeing inside) with the famous altar by Veit Stoss. A walk to the antique walls of the Old Town through Florianska Gate and to the Barbican. The Czartoryski Museum with the famous Leonardo Da Vinci painting "Lady with an Ermine". During the sightseeing: multimedia presentation about the story of amber called "Polish Gold". In 1978, Krakow was listed as a World Heritage Site by UNESCO.

13.30 Lunch at a restaurant in Krakow.

15.00 Visiting the former Jewish district – Kazimierz. This part of Krakow was the centre of the Jewish community's religious and social life until the deportations during the Nazi occupation (sightseeing in 1 or 2 synagogues). Short stop in front of Schindler's Factory on the way to the Salt Mine in Wieliczka.

17.00 Transfer to Wieliczka (10 km from Krakow).

17.30 Guided tour in the Wieliczka Salt Mine – one of the oldest salt mines in the world. Many famous people have visited this place, such as Mikolaj Kopernik, Johann Wolfgang von Goethe, Dmitrij Mendeleev, Boleslaw Prus, Ignacy Paderewski, Karol Wojtyla, etc. In 1978, the Wieliczka Salt Mine was listed as a World Heritage Site by UNESCO.

20.00 Dinner at a traditional Polish restaurant in Wieliczka combined with a folk music concert. Return to the hotel and the night is spent in Krakow.

3 rd day	Krakow – Oswiecim (Auschwitz-Birkenau) – Krakow
7.30	Breakfast at the hotel.
8.00	Departure for the Auschwitz-Birkenau Museum.

Guided tour of the area of the former concentration camp in Auschwitz-Birkenau. The camp was built by Nazis during the Nazi occupation of Poland. Today this place is

a World Heritage Site of UNESCO.

13.00 Lunch at a restaurant.14.00 Departure for Krakow.

15.00 Free time.

20.00 Dinner at a restaurant in Krakow.

21.00 Overnight stay in Krakow.

Krakow





Kazimierz



Wieliczka





4 th day	Krakow – Kalwaria Zebrzydowska – Wadowice –	Oswiecim/Auschwitz
4 day	Zakopane – Chocholowska Valley.	
7.00	Breakfast at the hotel. Check-out from the hotel.	
8.00	Departure for Kalwaria Zebrzydowska.	DOCATE ELA
9.00	Visiting the Bernardine Monastery complex in Kalwaria	
	Zebrzydowska, one of the most famous sanctuaries in	
	Poland. The whole Mannerist complex (including the	
	sanctuary and a park) is also listed as a World Heritage	
	site by UNESCO.	
9.30	Departure for Wadowice.	
10.00	Visiting the Pope's home and the church where he was	
	baptised.	
11.00	Continuation of the trip. We bring along lunch box	HALT!
	lunches to eat during the trip.	STOUL
14.00	Arrival in Zakopane and an appointment with the guide.	
	Sightseeing in Zakopane: Jaszczurowka, Peksowy	
	Brzyzek, Villa Atma, Krzeptowki – the Sanctuary of Our	
17.00	Lady of Fatima, Krupowki Street.	Kalwaria Zebrzydowska
17.00	Transfer to the Chocholowska Valley.	The state of the s
18.00	Walking to the refuge.	1
21.00	Arrival in the refuge. Dinner. Overnight stay in the	
	refuge.	0 .0.
5 th day	The Tetre Mountains and their suppoundings	
all day	The Tatra Mountains and their surroundings Breakfast at the refuge. Hiking in the Tatra	
ин ииу	Mountains. We bring along lunch box lunches to eat	
	during the trip.	The state of the s
evening	Return to the refuge and dinner.	Wadowice
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evening 6^{th} day	Return to the refuge and dinner. The Tatra Mountains: Chocholowska Valley -	Wadowice
6 th day	Return to the refuge and dinner. The Tatra Mountains: Chocholowska Valley – Zakopane – Polish and Slovak Spis – Zakopane	Wadowice
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8.30 Departure for Sromowce Wyzne.

10.00 Sailing on traditional wooden rafts down the Dunajec

River, across the Pieniny National Park. Lunch at a restaurant in Szczawnica.

afternoon Check-in at the refuge/hostel in Szczawnica.

20.00 Dinner. Overnight stay in Szczawnica.

10th day The Pieniny Mountains

13.00

all day Breakfast. All-day excursion to the Pieniny Mountains.

Lunch (we bring along lunch box lunches to eat during

the trip.).

evening Dinner. Overnight stay in Szczawnica.

11th day The Pieniny Mountains – Krakow

8.00 Breakfast and check-out from the refuge/hostel.

9.00 Departure for Krakow. On the way, a short stop and

sightseeing inside the castle in Czorsztyn and a Gothic wooden church: one of the 6 wooden churches in the south of Poland listed as World Heritage Sites by

UNESCO.

afternoon Arrival in Krakow and check-in at the hotel. Leisure

time.

20.00 Dinner. Overnight stay in Krakow.

12th day Krakow – Czestochowa – Warsaw

8.00 Breakfast and check-out of the hotel.

9.00 Departure for Czestochowa.

12.00 Guided tour of the most important pilgrimage place in

Poland – the monastery in Czestochowa: Jasna Gora with the miraculous icon of the Virgin Mary – the Black

Madonna.

13.30 Lunch at a traditional restaurant.

14.30 Departure from Czestochowa for Warsaw.19.30 Arrival in Warsaw and check-in at the hotel.

20.00 Dinner. Overnight stay in Warsaw.

13th day Warsaw – the capital city of Poland

8.00 Breakfast at the hotel.

9.00 Guided tour of Warsaw: Lazienkowski Park with the

Frederic Chopin monument, the Warsaw Ghetto, Umschlagplatz (thousands of the Jews were deported from there to the concentration camps), the Tomb of the Unknown Soldier, the Palace of Culture and Science, Krakowskie Przedmiescie Street, the Old Town (listed as a World Heritage site by UNESCO), St. John's Cathedral. The Old Town was completely destroyed during World War II and reconstructed thanks to the

commitment of the Polish nation.

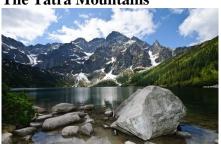
13.00 Lunch at a restaurant in the city centre.

14.30 Visiting the Warsaw Rising Museum. *Optionally:*

Sightseeing inside the Royal Castle.

16.30 Leisure time in the city centre.

The Tatra Mountains











Czestochowa



Warsaw



Dinner with a music concert at one of the local 20.00 restaurants (optionally). The last night in Warsaw.

14th day **Departure from Warsaw and from Poland** Breakfast at the hotel. Check-out from the hotel.

Transfer to the airport. y

